

# instructors

**Mitsuru Okada**, general instructor  
**Guest Instructor**

holds the rank of Yondan in both Shintaido Bojutsu and Shintaido Karate. One of Aoki sensei's original students and member of the Rakutenkai group that started the Shintaido movement in Japan. After graduate studies in theology he became a minister. In 1982 he was elected Head Instructor of Shintaido Japan. In 2002 became President of Shintaido Japan. A practicing accupuncturist and massage therapist he incorporates these disciplines with Shintaido in his ongoing exploration of the theme "True Health."

**Haruyoshi F. Ito**, master instructor  
**Examiner**

holds the rank of Godan in both Shintaido Bojutsu and Shintaido Karate. One of Aoki sensei's original students and member of the Rakutenkai group in Japan. Co-founder of Shintaido of America. Founded the international Taimyo Network for Peace in 2001 and travels extensively to promote Shintaido worldwide.

**Jim Sterling**, senior instructor  
**Director of Instruction**

holds the rank of Nidan in Shintaido Karate and Sandan in Shintaido Bojutsu. The former Chairman of Shintaido of America's National Technical Council, Jim has over 26 years of experience. He teaches advanced classes weekly in San Rafael where he lives with his family.

**...and selected other instructors, t.b.d.**

# schedule

## FRIDAY

Advanced workshop, San Francisco  
Registration 8:15, keiko 8:30-1:00 PM  
1950 Page Street, S.F. 94117  
Group leaders meeting  
Welcome potluck supper (optional)

## SATURDAY

Mount Madonna check-in 8:30 AM  
Brunch served 10 AM  
Opening Ceremonies 11 AM  
keiko(s)  
lecture  
SOA Board Members' Meeting

## SUNDAY

keiko(s)  
examinations  
group discussions  
exam feedback

## MONDAY

Closing ceremony ends 12:30 PM  
Site departure 1:00 PM

心眼

**Kangeiko**  
**2004**

The Heart's Eye

January 17-18-19

Returns only: R. Hathaway  
475 Green Street, Apt. B  
San Francisco, CA 94133-4001  
USA

TO:

**New for 2004**  
**Register online!**

# exam registration

Register for this workshop and your exam(s) online!  
Visit [www.shintaido.org/doc/pubs\\_books.htm](http://www.shintaido.org/doc/pubs_books.htm).

To challenge an exam you must be a 2004 Shintaido of America member.

## SHINTAIDO

Adv. Student Evaluation (\$40)  
Shintaido Assistant (\$40)  
Shintaido Graduate (\$50)  
Shintaido Instructor (\$100)

## BOJUTSU

Bojutsu 10-6 kyu (\$30)  
Bojutsu 5-1 kyu (\$40)  
Bojutsu shodan (\$50)  
Bojutsu nidan (\$100)

## KARATE

Karate 10-6 kyu (\$30)  
Karate 5-1 kyu (\$40)  
Karate shodan (\$50)  
Karate nidan (\$100)

Shintaido \$ \_\_\_\_\_ + Bojutsu \$ \_\_\_\_\_ + Karate \$ \_\_\_\_\_ = Total \$ \_\_\_\_\_

Questions? Contact Robin or Chris:  
[robinhat@earthlink.net](mailto:robinhat@earthlink.net)  
[chris@ikedanash.com](mailto:chris@ikedanash.com)

## advanced workshop

Friday, January 16, 2004  
8:15 AM - 1:00 PM  
Registration cost: \$57

Boys and Girls Club, SF.  
1950 Page Street  
San Francisco, CA 94117

Open to Shintaido Graduates and Instructors.

**Register online!**